

Newsletter

Redbourn Community Group

Village Hall, High Street, Redbourn AL3 7LW

Telephone: **01582 794550** Email: info@redbourncg.org

www.redbourncg.org

www.facebook.com/RedbournCommunityGroup/



Connecting and
supporting the village

Registered Charity Number **297955**

No. 31 June 2021

[Hertfordshire Volunteering](#)

[Last week was national volunteer week.](#)

A massive thank you to all the volunteers who played their part in supporting the community throughout the pandemic, many of whom are continuing to show the same dedication and support over a year later.

Across Hertfordshire, the total number of volunteers registered with [TeamHerts](#) and Communities Help Hertfordshire over the pandemic was 11,200, with more than 2,000 of those volunteers supporting local charities. 2,048 people are still regularly receiving support including assistance with shopping, help to get on-line, prescription collections, pet sitting, urgent supplies and a walking buddy scheme. Between March 2020 and March 2021, a total of 87,831 volunteer tasks have been completed in Hertfordshire.

[Communities 1st](#) and partners have continued to recruit volunteers to provide important support to vaccination sites across Hertfordshire, Luton and Bedfordshire. Over 4,900 volunteers signed up, and have committed to providing over 99,000 hours of support for vaccination sites in a variety of roles, from stewarding to administration. This information taken from:

[Hertfordshire Local Resilience Forum Stakeholder Update – 28 May 2021](#)



Redbourn still needs Volunteers! Can you help out at these upcoming events?

Redbourn celebrates “after lockdown” Fun Day Saturday 3rd July North Common – 11-4

- Meet and greet, welcome people and direct people to activities, be eyes and ears, can you help for a couple of hours?

Contact 01582 794550. Or email info@redbourncg.org

Redbourn Classics Motor Show & Village Fete on Saturday 4th September – noon-5pm

- We need volunteers to help with these tasks.....
 - Greet visitors at the entrance gates
 - Car parking marshals
 - Event set up and event clear up

If you are able to help, please pick your role and select an activity and time which suits you best. For further information, please go to our website and sign up [Redbourn Classics Volunteering - Redbourn Community Group \(redbourncg.org\)](https://www.redbournclassics.org) or email info@redbourncg.org

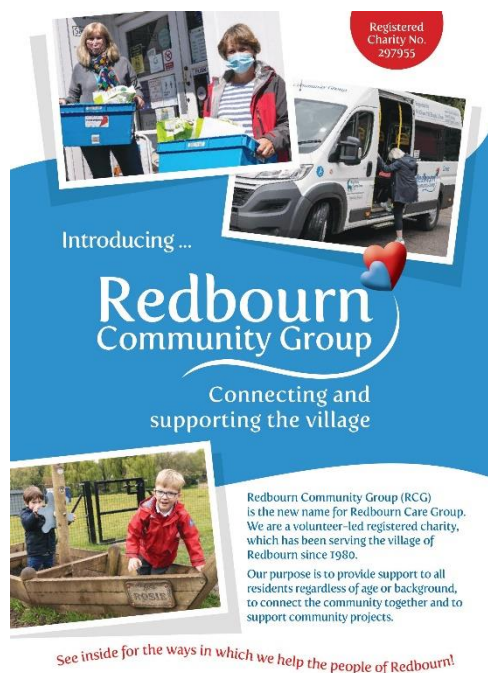
It costs over £30,000 a year to run Redbourn Community Group. The Classics Motor Show is its the biggest funder with the last show raising over £9,000 in 2019. The Classics is also supporting the Friends of St Mary's Church, Redbourn Village Museum, and Redbourn Village Hall this year.

So ...put the date in your diary and support this great event either by attending or by volunteering to help. It takes over 120 volunteers on the day to ensure that the event is amazing!

<https://www.redbournclassics>



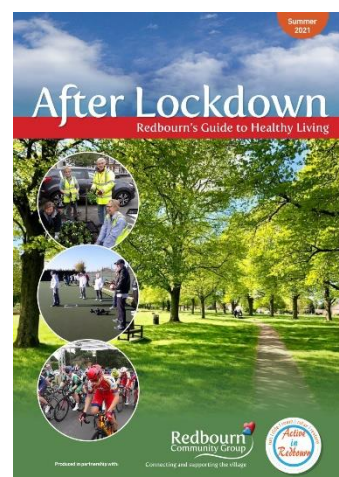
The new video film including our shopping volunteers and the newly rebranded RCG minibus is now available on our website - [Our Volunteers - Redbourn Community Group \(redbourncrg.org\)](http://redbourncrg.org)



Every household should have received a leaflet through their door (thanks to a grant from St Albans District Council) introducing RCG services. If you haven't received one, please call 01582 794550.

There is still time to let us know what you think about the Newsletter and After Lockdown brochure. We love getting feedback – let us know what you enjoy about the content or to tell us what else would be useful and interesting. We know that many of you look forward to receiving

the newsletter and enjoy reading about information specific to Redbourn. If you didn't receive a copy of **After Lockdown** please let us know - 01582 794550.



Please click here to complete our short survey <https://www.surveymonkey.co.uk/r/5BNR2KM> which will help us keep funding this newsletter.

Good news and positive stories to make you smile

Thank you from RCG to Katie for taking the trouble to send the following: -

'Thank you so much for sharing your newsletter and leaflet. What an exciting story to be able to share with your readers and what a beautifully curated newsletter. It certainly gave me some lovely ideas of things to do and places to discover 😊. I am going to share your leaflet on our socials media now to showcase the amazing service you provide.'
Katie Staddon - #TeamHerts Volunteering Project Manager

This newsletter includes:

News and positive stories p.3
Coronavirus updates p.4
Things to do p.5
Local places to visit p.6-7
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Scam warning p.8
The Snatchups p.8
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It has been a real thrill to see people out and about in the minibus and able to enjoy going to 'coffee on' and 'coffee off' the common.

Why not enjoy coffee, tea and friendship, in the **cricket pavilion** on the common.

Monday to Wednesday, 9.15am to 12.00pm and 'coffee OFF the common'
Thursdays in the Village Hall 10am to 12.00.

EVERYONE WELCOME! (card payment only)



COVID INFORMATION CHAMPIONS UPDATE 10/06/2021

Vaccination Updates

More than half a million people in Hertfordshire and west Essex have now received their second dose of the vaccine. Great progress is being made through the age cohorts and those aged 25 or over are now eligible to be vaccinated.

More people are expected to be invited for a vaccination in the near future. This comes at a time when Pfizer and Moderna supplies are limited, so newly eligible people may need to regularly check the National Booking Service for available appointments.

Walk-ins continue to be offered for AstraZeneca vaccinations and the latest opening times can be viewed [here](#). These can be extremely popular, so people need to be prepared to wait and understand that supplies cannot be guaranteed.

Support for people with needle anxiety or phobia

A fear of needles or injections is one of the reasons that some people worry about getting the COVID-19 vaccination. This can range from people feeling slightly nervous right through to an unbearable phobia. Anyone worried about needles should let the vaccination team know on arrival of their appointment. The team will give extra support, using techniques to make the process as comfortable and stress-free as possible.

Watch this [short video](#) from a young Hertfordshire resident who was supported to have her vaccine at Hertford Theatre. There are also some free resources about the COVID-19 vaccine available on the [Anxiety UK website](#).

There are plenty of bookable appointments for AstraZeneca vaccinations available via the [national booking service](#) website or by calling 119, for those who prefer a guaranteed appointment time.

Herts County Council are carrying out a **Residents Covid Feedback Survey** about how people have accessed information about Covid-19. It will take 5-10 minutes to complete. Here is the link <https://surveys.hertfordshire.gov.uk/s/Q5W8MP/> The closing date is 21st June.

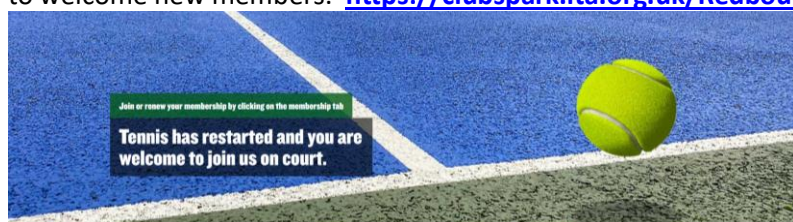
Things to do

'Active in Redbourn' (AIR) is an exciting initiative seeking to encourage physical and mental wellbeing throughout Redbourn. The group of volunteers see AIR's ultimate aim as "Redbourn being known as the best fitness, health and leisure community not just of Hertfordshire, but of England".



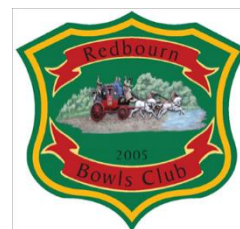
Playing tennis

Redbourn Tennis Club is LTA affiliated and has 4 courts and a club house, situated on the north edge of the common to the right of the Methodist Church (see directions below). We offer regular social mix-ins, interclub and local club tournaments, various league matches and a range of coaching sessions, whatever your standard of play. Everyone is welcome and we look forward to meeting you. We are especially pleased to welcome new members. <https://clubspark.lta.org.uk/RedbournTennisClub>



Playing bowls

Redbourn Bowls Club was founded in 2005. Our wonderful little club has in the region of 50 members, and we are an enormously happy and friendly club and often achieve great results against more experienced teams and we have put up many a good fight against other teams who play on grass. Our all-weather surface can challenge the best of them and here we mostly hold our own!



We play regularly through the summer months from April until October with home and away games. On weekend matches we often have a buffet supper after the match and enjoy a drink and "a bit of banter".

Members also take part in inter-club competitions in which we compete for ladies' and men's singles and doubles as well as mixed pairs and other combinations. We have a presentation dinner where the trophies are presented, and this is always an enjoyable evening. On top of all this we hold social events such as quiz nights, music hall nights and other exciting events.

We are always pleased to meet new members and have a BDA qualified Bowls England Coach to assist with the "finer points" of our sport. Regular roll-ups are run on Monday and Friday mornings at 10.00 - all are welcome, a casual bowls fee is payable to the Leisure Centre for non-members. We also run weekend family bowls days once a month and special invitation days for local groups (e.g. Guides, Scouts, Youth cubs). <https://www.hugofox.com/community/redbourn-bowls-club-8908/home>

Redbourn celebrates - Saturday 3rd July - North Common

Jez from Redbourn Bowling Club has invented a new game especially for Redbourn Fun Day on 3rd July! Why not come along and have a go at playing 'target petanque'?? anyone from 3 to 93 years can play. We don't have the gravel that the French have so we have a target instead. During the day people will have their scores recorded to decide on the winner!

Or why not volunteer to help at this special event in the history of our village?

<https://www.activeinredbourn.co.uk/home/fun-day-july-3rd-2021>

See PAGE 8 for further details of the Fun Day

Local places to visit

We are surrounded locally by beautiful and interesting places to visit both in our village and a short car ride away.

Redbourn Village Museum

Redbourn Village Museum is reopening on Saturday 26th June. Initially it will just be open on Saturdays 2.00-5.00pm

The Silk Mill House is now Redbourn Museum. It is all that remains of a steam driven silk mill, Woollams Mill, which occupied the site from 1857 to 1938. Here raw silk from cocoons was washed and “thrown” into a yarn suitable for weaving. The mill was demolished to make way for a Brooke Bond tea factory. The new factory was built on an extended site in 1960 but this closed in 1994, the site now covered by housing. Brooke Bond generously passed Silk Mill House on to Redbourn Parish Council for use as a museum. The museum opened in May 2000 and is managed by the Trustees of Redbourn Village Historical and Museum Group Ltd and is staffed entirely by volunteers

<https://www.redbournmuseum.org/>



Shaw's Corner

George Bernard Shaw’s peaceful rural home and garden show what inspired this great playwright. See the writing hut where he created plays which won him the Nobel Prize, an Oscar and the hearts of millions of admirers. The gardens at Shaw’s Corner are open. Please book your visit in advance.

<https://www.nationaltrust.org.uk/lists/places-to-visit-in-hertfordshire>



Cliveden

Cliveden's Rose Garden includes over 900 repeat flowering roses in shades of red, orange and yellow that bloom from late June until September.

<https://www.nationaltrust.org.uk/lists/gardens-and-parks-in-and-around-buckinghamshire>



Ascott Estate

Half-timbered house originating from 1606, transformed by the Rothschilds in the late 19th century, containing superb collections. The house and gardens are open, but you do need to book ahead for your visit.

<https://www.ascottestate.co.uk/book-tickets>

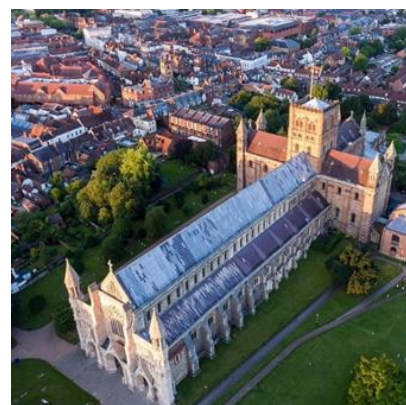


St Albans Cathedral

'Today people come from far and wide to visit us, and we look forward to welcoming you. Whether you are a pilgrim or a tourist, are interested in history, beautiful buildings or just want to come and have a cup of tea in the Abbot's Kitchen, we hope that you enjoy your visit and trust that you will go home with a renewed sense of peace in your heart.'

The Revd Canon Abi Thompson, Acting Dean

<https://www.stalbanscathedral.org/visitor-information>



St Mary's Church Redbourn

St Mary's Church, Redbourn is an active Grade I listed parish church in the Church of England.

The church dates from the 12th century, the oldest parts being the nave and west tower. The north aisle was added around 1140 and the chancel in 1340. The south aisle was built in the mid 14th century, the south chapel and porch between 1444 and 1455. The clerestory was added around 1478.

Why not take a visit to see the beautiful new altar frontals – *'We are delighted and very excited to announce that after many hundreds of hours of painstaking, skilled work by Barbara Corbett and the textile group, the new set of green altar frontals is finished, and they have been put on the three altars at St Mary's.'*



<https://stmarysredbourn.org/>

The Sun

Writing this newsletter on the day of the partial solar eclipse, and as we enjoy some warmer weather, it seemed a good time to give some facts about the sun.



The Sun accounts for 99.86% of the mass in the solar system



Over one million Earth's could fit inside the Sun

One day the Sun will consume the Earth



The energy created by the Sun's core is nuclear fusion



The Sun is almost a perfect sphere

The Sun is travelling at 220 km per second

The sun and health



Helps your skin produce vitamin D for bone and brain health



Anchors your body's internal clock which regulates healthy appetite and metabolism



Reduces stress and boosts mood and cognitive function



Improves sleep quality by promoting optimal melatonin (sleep hormone) secretion at night



But remember to be cautious if you are out in the sunshine – wear a hat to keep your head cool and shaded, wear sunscreen, avoid being out in the heat of the day, and drink plenty of water.

COMPUTER FRIENDLY - STOP PRESS. DROP INS ARE STARTING AGAIN

When? Thursdays from July 1st

Where?

St Albans: St Pauls Church (am) Marshalswick Baptist Free Church (TBC)	Harpenden: Quaker Meeting House (am) Flamstead: The Spotted Dog (TBC)
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How do I Book?

Phone: 01727 617359 - Mon, Weds and Fri between 10am and 1pm

Leave a message at other times and we'll call you back or Email: courses@cfsta.org

Will I be safe?

We will be following Govt guidelines and more:

- Observing Social distancing
- Everything (including devices) will be sanitized
- Volunteers will be wearing masks
- There will be perspex screens
- Volunteers will have had a recent negative covid test

Can I just drop in? No. For the moment you must book a 30min slot – we cannot accept walk ins

How much does it cost? These sessions are free but donations are welcome



Warning after residents targeted in National Insurance scam

We are making residents aware of reports of scam phone calls, text messages and emails received about unpaid National Insurance contributions.

Residents have been contacted by the fraudsters claiming to be Her Majesty's Revenue and Customs (HMRC) over the last few days. The victims were told there were outstanding National Insurance debts or unpaid taxes in their names and the fraudsters asked the victims to make bank transfers as payment.

Numerous members of the public also reported receiving missed calls from Hertfordshire Constabulary phone numbers, as well as emails about National Insurance, containing police contact numbers. The fraudsters cold call victims using a spoofed number that appears to be a genuine Hertfordshire Constabulary phone number, sometimes leaving voicemail messages claiming that they owe payments. The victims are asked to call back on the number provided, through which they are told that there is a warrant out in their name and if they don't pay, the police will arrest them. The victims are also sometimes contacted via text messages asking them to urgently call the number provided, or via emails which contain bogus links.

If you believe that you are a victim of this scam please contact Action Fraud on 0300 123 2040 to report, using a different phone to that used to communicate with the fraudsters. If a fraud is in progress or someone's life is in danger, call 999 immediately.

If you need to reply regarding this message, tap on this email address: fcenquiries@herts.pnn.police.uk

Redbourn's unmissable serial the 'Snatchups' has been broadcast as part of Active in Redbourn's excellent **Community Newsbites**.

Listeners are wondering how the series will end after it was left on a nail-biting, nerve-jangling cliff-hanger. With the final episode not due to

be broadcast until 30th June, fans of the show will have to remain on tenterhooks for a couple of weeks before they find out how the series concludes and what becomes of Brenda, Stan, Tim, Jane and Grandad. What happens next? **Find out on Wednesday 30th June.**

If you have missed any of the action, all previous episodes are available to listen to on the **Redbourn Players** Facebook page. <https://www.facebook.com/redbournplayers/>





Redbourn celebrates “after lockdown”

Fun Day

Saturday 3rd July

North Common

Assuming government guidelines allow, Active in Redbourn is delighted to host a village “Fun Day” on Saturday 3rd July.

- 20 + fun / activity stalls
- 8 performances on centre stage / arena
- Food and drink from village outlets

Loads of our many clubs / sports and community groups (including Redbourn Community Group) will be here to test your skills, thirst for fun and appetite to be challenged (for those who need it).

It is a chance for families and friends (of all ages) to chill out, have some fun, smile , laugh and just be friendly putting lockdown in the cupboard for the day.

Having fun is free! Join us and enjoy.



Enquiries: info@activeinredbourn.co.uk

The 2020 European Championship will get underway on Friday June 11 2021

It will see 24 nations take part in the competition to be crowned the best national football side in Europe.



The tournament will be held across 12 European cities, with the final held at Wembley Stadium on July 11.

England will take on Croatia at Wembley
Sunday June 13th



So here's a quiz for your footie fans!

1. Who is the only player to score in the finals of two consecutive Euros?
2. Spain is the only team to defend its Euro title successfully (2008 and 2012). When did it win its first title?
3. The Panenka penalty originated at the 1976 European Championships, but what team did Antonin Panenka score the first against?
4. What team has appeared at the most European Championships without winning the trophy?
5. Who are the only two players to have scored for Northern Ireland at the Euros?
6. Who scored the equaliser in England's 2-1 victory over Wales at Euro 2016?
7. Who scored the first goal for England at Euro 2012?
8. Name all 24 teams competing at this year's competition?
9. Which former Liverpool striker was the top scorer at Euro 2004?
10. Which two European countries co-hosted the Euro 2000 tournament?
11. How many goals did Marco van Basten score in the Euro 88 tournament?
12. How was the semi-final between the USSR and Italy of the 1968 championship decided?
13. Which team did England defeat in a two-legged playoff match to qualify for Euro 2000?
14. In Euro 2020 qualification, which team took part for the first time?
15. Which England player scored a hat-trick in the 5-0 win over Czech Republic in their opening qualifier in March 2019?
16. Who scored the most goals in Euro 2020 qualifiers?
17. How many times have Spain qualified for the European Championship? 9, 10, 11 or 12
18. Who was the only team to defeat England in Euro 2020 qualifiers?
19. Which three sides have won the European Championship on home soil?
20. How many goals has Alan Shearer scored in European Championship tournaments in total?
21. Which company supplied the Euro 2012 matchball?
22. Which Spanish footballer was voted player of the tournament at Euro 2008?
23. When was the first European Championship held?
24. Which team won the first European Championship?

